



Dying2Live: Downloadable Course

Do any of these thoughts pop up in your mind?

WHO AM I? WHERE HAS THE TIME GONE? WHERE AM I GOING? LIFE IS SCARY! I'M IN A RUT. YIKES, WHAT'S NEXT? I DON'T FEEL ALIVE.

In Dying2Live you'll learn how to:

- Be the artistic director of your life
- Close up unfinished business
- Increase your sense of joy and fun
- Make decisions easily
- Increase intimacy
- Reduce mental and physical clutter
- Let go of fear of all kinds

Wouldn't you love to get back a sense of clarity, wonder, possibility?

Don't wait until you don't have the energy or health to make changes.

By consciously confronting the ultimate deadline, we begin to truly live.

Here's what others have said:

"I've done a lot of inner work before. But this program was really life changing. I can actually feel the strength and energy and a huge well of love and gratitude. Thank you so much for what you gave me." - Tobey Y.

"The program quite literally changed my life. I've lost a lot of my fears of succeeding and gained confidence. I feel more comfortable with myself and in my relationships. I've never been afraid of dying, but I think I've definitely been afraid of living! I feel lighter and I'm looking forward to working through challenges - they don't seem as scary anymore." - Rachel G.

"What I got from this program was, first and foremost the courage to love and to show my vulnerabilities to someone else. This is huge for me, as there was a lot of emotional baggage that had been tucked under the rug for years. The first item on my bucket list was 'falling in love.' It became a self-fulfilling prophecy. It was an experience of repair for which I am immensely grateful." - Gabi K.

I'd love for you to write something similar. We get what we put into life. So invest in what's really important: YOU!

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Course Details

The course is divided into two parts, depending on how big a change you want.

Learn the Ten 'P's - power tools for upgrading your life.

The first five 'P's in Part 1 give you core tools to create the shift you're seeking now.

The second five 'P's in Part 2 broaden and deepen those initial skills. All modules include an audio recording as well as a written transcript, to suit your preferred learning style. You'll also get exploration sheets to practically apply the tools in your day to day life.

You'll learn in the convenience of your own space, at your own pace.

Each audio module averages between 20-25 minutes.

Part 1:



Module 1: Paradigm

Create a better story or frame. We all have inner unconscious maps of the way we think the world works. When you change your story, your set of beliefs, everything changes.



Module 2: Purpose

Discover your core values and what gives your life meaning. You'll find your inner compass, your own true north, making it far easier to navigate challenging decisions and choices.



Module 3: Passion

Find out what fuels you and gets you excited, what you'd put on your bucket list.



Module 4: Play

Too many of us tend to worry and take things so seriously which just adds to our stress. Kids have the key to wonder, mystery and awe. We're going to awaken the "wild child" inside of you, increasing your creativity, problem solving skills, and sense of joy!



Module 5: Presence

Learn tools to immediately feel more powerful, more aware, better able to control what you can and let go of what you can't. True presence is like a smooth yet rapidly responsive steering wheel to deal with life's unexpected curves.



Investment: \$97 + you get these bonuses:



Join the Dying2Live Facebook Group, where you can ask questions and get additional support and valuable resources and links, and feel part of a growth based community.



50% discount on a private coaching session with me (to be used within a year of course purchase date.)

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30-DAY MONEY-BACK GUARANTEE

Try the program risk free. If you're not satisfied within the first 30 days, contact me & I'll send you a full refund. I want to make it as easy as possible for you to invest in yourself and your life.

Part 2:



Module 6: Purge/ Pare Down

Sort out what's really important to you and surrender the rest. By identifying possessions, activities and relationships that are unnecessarily weighing you down, you'll find more inner peace.



Module 7: Prayer

A loaded word for some, we're going to engage it differently from what you're used to. It's not about religion but relationship. As you cultivate sacred connections to yourself, others, and the world, you'll experience more gratitude, grace, and joy.



Module 8: Persistence/Patience.

Learn to deal with the "are we there yet?" syndrome. Develop small daily actions that create big results over time.



Module 9: Philanthropy/Pay it Forward

Life's not just about money: it's about identifying and sharing your unique gifts to create a legacy for generations to come. Learn how to be truly generous and loving to yourself. Kindness starts at home.



Module 10: Perspective

Learn simple yet powerful strategies for playing with your point of view to vastly improve relationships and significantly decrease worry and stress.



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